

15th International Thyroid Congress

October 18-23, 2015 Lake Buena Vista, Florida
Walt Disney World Swan and Dolphin Resort

Symposium: Clark T. Sawin Historical Vignette
(Tuesday, October 20, 2:20PM – 3:35PM)

History of AOTA

From 1975-2015

Shigenobu Nagataki, MD, PhD

Honorary President of AOTA
Professor Emeritus of Nagasaki University
Scientific Advisor to Ito Hospital



**ASIA & OCEANIA
THYROID ASSOCIATION**

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About AOTA

History of AOTA: Its Leaders and its Congresses

In the world of Thyroidology, there are 4 thyroid associations representing their respective regions: the American Thyroid Association (ATA, established in 1923), the European Thyroid Association (ETA, 1965), the Latin American Thyroid Society (LATS, 1974) and the Asia & Oceania Thyroid Association (AOTA, 1975). The youngest of these siblings, AOTA was established in 1975 in Boston at the time of the 7th International Thyroid Congress through the efforts of Ian Hales (Australia) Creswell J Eastman (Australia) and Shigenobu Nagataki (Japan). Ian Hales was its first president, assisted by 3 vice presidents, Gopal K Rastogi (India), Kazuo Shizume (Japan), Leland Villadolid (Philippines), with Creswell Eastman serving as Secretary/Treasurer. The other Founding Members of AOTA included (Jim Stockigt (Australia)& Radmil Hoschl (Australia). It held its 1st Congress in Singapore on January 28-31, 1978.

Our History

Our Mission

Improving knowledge

Dedicated to research

Reaching Asia & Oceania

Officers and members

Articles of Association

Officers of AOTA

Honorary President:  Shigenobu Nagasaki Tokyo, Japan	President:  Yoshihisa Morita Nagoya, Japan	Secretary-Treasurer:  Teofilo San Luis, Jr. Manila, Philippines
Vice President:  Johann Masjher Bandung, Indonesia	Vice President:  Duncan Topliss Melbourne, Australia	Vice President:  Wuqing Teng Shenzhen, China

Council Members:

 Shunichi Yamashita Nagasaki, Japan	 Young Koo Shung Seoul, Korea	 Faridman Asiri Tehran, Iran	 Jae Heon Chung Seoul, Korea
 Chen Lin Beijing, China	 Takeshi Akamizu Wakayama, Japan	 R.V. Jayakumar Amritsar, India	
 Minso Shung Daegu, Korea	 Charonwath Sombhongsam Kham Kham, Thailand	 Zou Der Lin Taipei, Taiwan	

Emeritus Council Members :

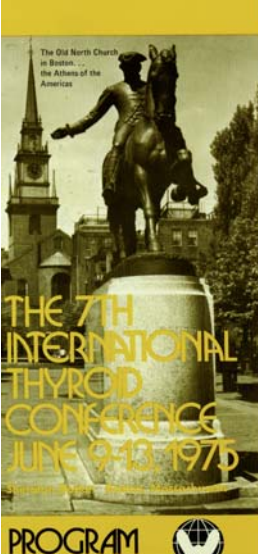
 Junji Kurihiko Osaka, Japan	 Gra Eastman Sydney, Australia
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AOTA Advisory Members to the World Thyroid Federation (WTF)

 Nobuyuki Aomine Japan	 Bo Yunan Cho Korea	 Paul Yen Singapore
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AOTA was established

at 7th International Thyroid Congress in Boston in 1975



THE 7TH INTERNATIONAL THYROID CONGRESS
JUNE 9-13, 1975
BOSTON, MASSACHUSETTS, U.S.A.

PROGRAM

OFFICERS

President:
John B. Stanbury, Cambridge, Massachusetts, U.S.A.
Lewis E. Braverman, Boston, Massachusetts, U.S.A.

Vice President:
Joseph Benetti, Winston, Massachusetts, U.S.A.

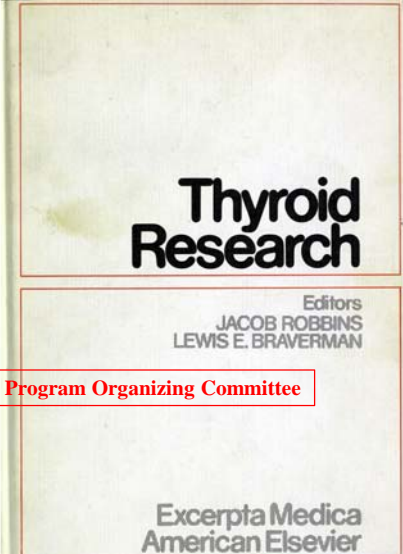
Jack Gross, Israel
Reginald Hall, United Kingdom
Basil S. Hertz, Australia
Pavel Langer, Czechoslovakia
Serge Lissitzky, France
Ferdie Makori, U.S.A.
Hector Perinetti, Argentina
Gastone Salvatore, Italy
Kazuo Shizume, Japan

Thyroid Research Committee:
Edwin B. Astwood, Bermuda
Paul Bessieres, Belgium
H. D. Paves, New Zealand
Andreas Quarello, Netherlands
J. Edward Rall, U.S.A.
Sidney C. Werner, U.S.A.

Scientific Organizing Committee:
Sidney H. Ingbar, U.S.A.
W. Donald Alexander, Scotland
Leslie J. DeGroot, U.S.A.
Gonzalo A. de Medeiros Neto, Brazil
Ragnar Ekholm, Sweden
Anders M. Ernani, Belgium
A. Gordon, Israel
Bror Axel Lundberg, Finland
S. M. Miloz, Romania
Shigenobu Nagasaki, Japan
Jacques Nunez, France
Aldo Pinchera, Italy
Hugo Stüder, Switzerland
Alvin Teuring, U.S.A.
Robert Volpe, Canada

Program Chairman:
Jacob Robbins, U.S.A.

Local Organizing Committee:
Earle M. Chapman, U.S.A.
American Thyroid Association
Secretary - Alvin B. Hayles, U.S.A.
Publicity Secretary - Mario Andreoli, Italy



Thyroid Research

Editors
JACOB ROBBINS
LEWIS E. BRAVERMAN

Excerpta Medica
American Elsevier

← Program Organizing Committee

Scientific Program Committee

Sidney H. Ingbar, U.S.A.
W. Donald Alexander, Scotland
Leslie J. DeGroot, U.S.A.
Geraldo A. deMedeiros-Neto, Brazil
Ragnar Ekholm, Sweden
Andre M. Ermans, Belgium
A. Gordon, Israel
Bror-Axel Lamberg, Finland
S. M. Milcu, Romania
Shigenobu Nagataki, Japan
Jacques Nunez, France
Aldo Pinchera, Italy
Hugo Studer, Switzerland
Alvin Taurog, U.S.A.
Robert Volpe, Canada

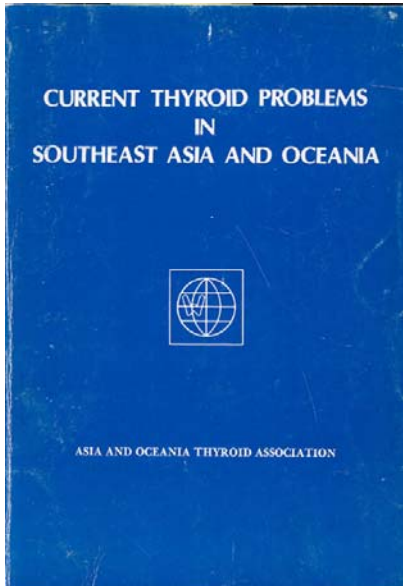
**Program Organizing Committee of
7th International Thyroid Congress in Boston**
(P.O.C was held in Bern, Swiss for 5-7days)



POC Members

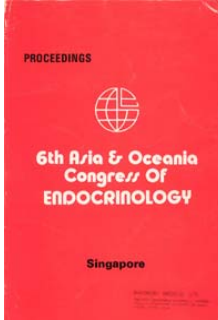
North America	4
Europe	9
South America	1
Asia Oceania	1

**The First AOTA Meeting was held in Singapore in 1978
in conjunction with the 6th Asia and Oceania Congress of Endocrinology**



OFFICERS OF THE
ASIA AND OCEANIA THYROID ASSOCIATION

President: I B Hales, Australia
Vice-Presidents: G K Rastogi, India
K Shizume, Japan
L Villadolid, Philippines
Secretary/Treasurer: C J Eastman, Australia



ORGANISING COMMITTEE

Chairman: Prof LIM Pn
Deputy Chairman: Prof Groot NG
Hon. Secretary: Dr J A TANBAYAH
Hon. Asst: Dr LOH Young Tin
Secretaries: Dr Peter F R TSO
Hon. Treasurer: Dr E JACOB

CHAIRMAN SUBCOMMITTEES

Assest: Prof CHENG Joo Song
Finance: Dr CHOW Chue Song
Hotel: Dr LOH K A TAN
Exhibition: Dr TAN H Koon
Lodging: Mrs Francis LEE

ORGANISATION

The 6th Asia and Oceania Congress of Endocrinology is organized by The Endocrine and Metabolic Society of Singapore.

Previous Congresses of Endocrinology

1. AOCE	Korea	1958
2. AOCE	Belgium	1960
3. AOCE	Montreal	1967
4. AOCE	Auckland	1971
5. AOCE	Chamberg	1974
6. AOCE	Singapore	1978

The 1th AOTA Meeting in 1978 in Singapore Scientific Presentation

Scientific Sessions and Number of Papers:

Endemicity of Goitres	10
Pathogenesis of Endemic goitres	9
Goitre Control Programme	6
Thyroid function testing	8
Measurements of thyroid hormones and TSH	11
Specialised techniques (LATS)	8
Total	52

Numbers of countries:

Japan	20	Australia	9	India	4
USA	3	Brazil	2	Thailand	2
Burma	1	Canada	1	Indonesia	1
Pakistan	1	Philippines	1	Singapore	1
Sri Lanka	1	UK	1		
Total	52				

Program Organizing Committee of the 8th International Thyroid Congress in Sydney in 1980

POC was held in London for 6days
(3 from ATA, ETA, and 2 from AOTA, LATS)

S. Nagataki, Japan, Chairman (AOTA)
E. Gaitan, Colombia (LATS)
H.K. Ibbertson, New Zealand (AOTA)
 S.H. Ingbar, U.S.A.(ATA)
 M.P. König, Switzerland (ETA)
 G.A. Medeiros-Neto, Brazil (LATS)
 Ph. De Nayer, Belgium (ETA)
 G. Salvatore, Italy (ETA)
J.R. Stockigt, Australia (Secretary)
 R. Volpé, Canada (ATA)
 J.F. Wilber, U.S.A.(ATA)





**International Coordinating Committee of International Thyroid Congress
 (ICC of ITC)
 at 8th International Thyroid Congress in Sydney in 1980**

Since this is the First ICC of ITC with full members, rules of ICC was established by Presidents and Secretaries of Sister Associations and Chairman & Secretary of LOC.

We will have no office of International Thyroid Congress but ICC of ITC with recording secretary. The major task is to nominate the next site of ITC.



Slogan of AOTA at the beginning

**Catch up and get ahead of other sister societies
since AOTA is the youngest society**

To advance the knowledge in basic and clinical thyroidology
To promote interest in the practice of medicine related to the
thyroid and to promote research into allied subjects
To facilitate collaboration and exchange of information among
individuals within the region.

**To promote the scientific presentations
within AOTA and to ITC**

**To establish strong program organizing committee
for AOTA Congress and to ITC**

Membership and Dues

***How to gather thyroidologists coming
from the huge Asian continent and from the numerous islands
and from largest population in Asia and Oceania region
is the mandate of AOTA (Executive Committee).***

Membership

(Anyone below can be a registered member)

Individual Membership:

Physicians and scientists within the region who are interested in
the study of thyroidology and its clinical applications.

Annual Dues

(Free of Charge)

- Individual and Society/Organization Membership dues shall be set by the Council from time to time in its regular meetings.
- The Executive Committee shall be responsible for financing expenses between Congresses.

Council of Association

The Association shall have a Council which shall have the responsibility of governing the Association.

The Council shall be elected at the time of the International Thyroid Congress and shall hold office until the next International Congress.

Individual members from each nation within the region shall be responsible for nominating and electing fifteen (15) representatives to the Council from at least five countries within the region with no more than three (3) Council members coming from any one country.

Office Bearers and Executive Committee

The Office Bearers are the President, 3 Vice-Presidents, and a Secretary/Treasurer who shall compose the Executive Committee.

The Executive Committee may be enlarged by two (2) additional members elected by the Council.

The Executive Committee shall manage the affairs of the Association between Council Meetings and disseminate information to members.

Conferences and Congress

The Council has the responsibility of organizing at least one regional conference between International Thyroid Congresses. It may authorize the Executive Committee to create the necessary Organizing and other working committees to implement or run such conferences.

Conferences may be held alone or in collaboration with the Asia and Oceania Endocrine Society or with other recognized scientific or medical societies or organizations within the region.

The Executive Committee shall coordinate meetings throughout the region with consultation with National Societies and other regional organizations to avoid conflicts of schedule

CURRENT PROBLEMS IN THYROID RESEARCH

Editors:
NOBUO UJI, KANJI TORIZUKA,
SHIGENOBU NAGATAKI,
KIYOSHI MIYAI

Number of Countries:

Australia	11	Belgium	1
Canada	5	China	9
Czechoslovakia	1	France	3
India	10	Indonesia	3
Iran	1	Italy	1
Japan	81	Korea	2
Poland	1	Singapore	2
Sri Lanka	1	Thailand	1
UK	1	USA	10
Zaire	1		

The 2nd AOTA Meeting in Tokyo

*Prof. Djokomoeljanto
proposing a toast
with a Japanese
wooden measure*



New participants



**Dr. C.S.
Koh, Seoul**

**Dr. X.Y. Zhu
(H.I. Chu),
Tianjin**



**AOTA Seoul Thyroid Meeting (Seoul, 1984) , Symposium on IDD (Tianjin, 1989)
China –Korea –Japan Thyroid Meeting (4th Meeting in Shanghai in 2004)**



溫故知新 論語

**History has a lot to teach us about the future
The Analects of Confucius**

First	1978	Singapore	Ian B. Hales
Second	1982	Tokyo, Japan	Nobuo Ui
Third	1986	Bangkok, Thailand	S. Tandhanand
Forth	1989	Seoul, Korea	Monho Lee
Fifth	1993	Leura, Australia	Cres Eastman
Sixth	1997	Osaka, Japan	T. Onaya
Seventh	2003	Singapore	Daphne Khoo
Eighth	2007	Manila, Philippines	L. Mercado-Asis
Ninth	2009	Nagoya, Japan	Y. Murata
Tenth	2012	Bali, Indonesia	Johan Masjhur
Eleventh	2014	Kochi, India	RV. Jayakumar

Cover Sheets of Program, Abstracts, or Proceedings AOTA Congresses from the 1st to 11th



ASIA AND OCEANIA THYROID ASSOCIATION AOTA Newsletter Number 1 December 1987

PRESIDENT'S MESSAGE

I am very happy to introduce the new publication of the AOTA Newsletter and it is my great honour and privilege to write the President's message in the first issue of this Newsletter.

One of the main aims in generating the AOTA Newsletter is to establish contact with physicians and scientists who are not able to attend our meetings regularly. The AOTA Newsletter, however, is also important to extend the membership of the AOTA and to establish contact. Since the AOTA has no annual membership fee, the list of membership has mainly depended until now on the list of participants at each meeting.

The AOTA was established in 1975 as the youngest society among the International Thyroid Associations. The other sister societies are the American Thyroid Association (ATA), the European Thyroid Association (ETA), and the Latin American Thyroid Society (LATS).

In contrast to the International Endocrine Society, we do not have an office for the International Thyroid Association and the International Scientific Meeting (International Thyroid Conference or International Thyroid Congress) is arranged by an International Coordinating Committee constituted by the presidents and secretaries of the four Thyroid Associations. Each society has the right to propose to the Coordinating Committee candidates for the next International Thyroid Congress including countries, cities or persons. The Coordinating Committee accepts one of these proposals and the Organizing Committee of the International Thyroid Congress is constituted by the responsible associations. The Program Organizing Committee consists of two or three representatives from the four Thyroid Associations.

The office bears of the AOTA, therefore, have responsibility not only for matters within our region but also for the International Thyroid Congress.

The other three sister societies have formal membership, annual meetings and annual membership fees, so that it is not difficult for them to distribute information to their members. However, as AOTA meeting has in the past been held only once every four years and so far information has been distributed mainly to the Council Members from the AOTA office, leaving Council Members to distribute information to thyroidologists in their countries.

We have several national thyroid associations in our region, but as mentioned later, membership of the AOTA is proposed and accepted on behalf of individual thyroidologists rather than from the thyroid associations in each country. We may in the future have to think about membership fees in order to confirm membership.

When the AOTA was established, the articles were made according to those of the ETA.

The membership is not the association of each nation nor any kind of association but is the individual thyroidologists within the region.

From the above reasons, it is very important for AOTA to establish methods to distribute information to individual members and as the president, I am very happy that the AOTA Newsletter is now published.

As outlined in the Report of the Bangkok Meeting and the message from Prof. Masako Lee, Chairman of the Organizing Committee of the 4th AOTA Meeting in Seoul, 1985, the AOTA Meeting will be held independent of the Asia and Oceania Congress of Endocrinology once every four years starting from 1985, allowing the thyroidologists of our region to meet together at least once every two years.

The Third AOTA Meeting held in Bangkok in 1986 was organized by Dr. Toshihiko and Dr. Sawasaki. As most of you know well, the Meeting was eagerly and the excellent Proceedings, Recent Progress in Thyroidology of more than 500 pages was published within 6 months. We would like to express our sincere thanks to them and their associates for their tremendous efforts to have made the Meeting so successful.

To publish proceedings of meetings regularly, to have the opportunity to meet together once every two years and to publish an AOTA Newsletter are worthwhile aims in order to strengthen the identity of the AOTA. I hope very much that AOTA will continue to prosper in the future.

Shigehiko Nagasaki

MESSAGE FROM THE FORMER PRESIDENT

AOTA is now twelve years old — this is young compared to the other scientific societies. However in its relatively short life AOTA has taken place as an outstanding example of scientific achievement as

No.1 of AOTA Newsletter was published in 1987 by the Secretary, Prof. Konishi

AOTA Newsletter is especially important, since AOTA has no annual membership fee, the list of membership has mainly depend until now the list of participants at each meeting.

Newsletter has been distributed (mailed by free of charge) to around 1000 members.

Prize Lecture of AOTA

The NAGATAKI–FUJIFILM Prize (2010~)

This prize is awarded to a distinguished scientist working in the Asia & Oceania region, **regardless of nationality**, and who has been contributing to basic or clinical thyroidology. There are **no age limits** for the recipient.

2015 15th ITC in Orland, USA: Dr. Akira Miyauchi (Japan)

Toward best management of thyroid cancer

2014 11th AOTA in Kochi, India: Dr. Roderich Clifton Bligh (Australia)

Transcription factors in thyroid cancer

2012 10th AOTA in Bali, Indonesia: Dr. Young Kee Shong (Korea)

Post-operative follow-up of patients with thyroid cancer

2010 14th ITC in Paris, France: Dr. Takashi Akamizu (Japan)

Pathophysiology and pathogenesis of Graves' disease

Nagataki Prize (2007-2009)

FUJIFILM Prize (2009)

2009 (AOTA) Dr. Fereidoun Azizi (Iran):

Dr. Masanobu Yamada (Japan):

Thyroid Disease in Pregnancy & Lactation

The pathology and management of central hypothyroidism

2007 (AOTA) Dr. Daphne Khoo (Singapore):

The role of thyroid autoantibodies in the pathogenesis
of Graves' ophthalmopathy"

Past Prizes (in the website of AOTA, in the following slide)

Mallinckrodt Prize (1980-1986)

Daiichi Prize (1989-2007)

1980 at the 8th ITC in Sydney, Australia **Dr. D. Adams (Australia):** "The pathogenesis of Graves' disease"
1982 at the 2nd AOTA in Tokyo, Japan **Dr. S. Nagataki (Japan):** "Pathogenic factors of Graves' disease"
1985 at the 9th ITC in Sao Paulo, Brazil **Dr. B.S. Hetzel (Australia):** "Iodine deficiency, the thyroid, and the brain"
1986 at the 3rd AOTA in Bangkok, Thailand **Dr. J. Konishi (Japan):** "Role of thyrotropin-receptor antibodies in primary hypothyroidism"
1989 at the 4th AOTA in Seoul, Korea **Dr. R.T.T. Young (Hong Kong):** "Thyrotoxic periodic paralysis revisited"
1991 at the 10th ITC in The Hague, Netherlands **Dr. T. Onaya (Japan):** "Thyrotropin-inducible genes in experimental hyperplasia and neoplasia"
1993 at the 5th AOTA in Sydney, Australia **Dr. B.Y. Cho (Seoul, Korea):** "Thyroid stimulation-blocking antibody and autoimmune atrophic thyroiditis"
1995 at the 11th ITC in Toronto, Canada **Dr. Y. Kondo (Maebashi, Japan):** "G-protein-mediated mechanisms of the modulation of signal transduction pathways in thyroid cells"
1997 at the 6th AOTA in Osaka, Japan **Dr. S. C. Boyages (Sydney, Australia):** "Iodine deficiency and brain"
2000 at the 12th ITC in Kyoto, Japan **Dr. Hisao Seo (Nagoya, Japan):** "Redox regulation of thyroid transcription factors"
2003 at the 7th AOTA in Singapore **Dr. Bruce G. Robinson (Sydney, Australia):** "Molecular determinants of thyroid cancer phenotype"
2005 at the 13th ITC in Buenos Aires, Argentina **Dr. Masatomo Mori (Maebashi, Japan):** "Thyroid hormone receptor as a nuclear transcription factor; clinical implications"
2007 at the 8th AOTA in Manila, Philippines **Dr. Hirotoshi Nakamura (Hamamatsu, Japan):** "Negative regulation of TSH genes by the thyroid hormone & its receptors"

Otsuka Prize (1980-2003)

AOTA Prize (2005)

1980 at the 8th ITC in Sydney, Australia **Dr. Y. Shishiba (Tokyo, Japan):** "Pathogenesis of thyrotoxic periodic paralysis"
1982 at the 2nd AOTA in Tokyo, Japan **Dr. C. J. Eastman (Sydney, Australia):** "The regulation of thyroid hormone receptors"
1985 at the 9th ITC in Sao Paulo, Brazil **Dr. M. Irie (Tokyo, Japan):** "Neonatal hypothyroid screening"
1986 at the 3rd AOTA in Bangkok, Thailand **Dr. I. B. Hales (Sydney, Australia):** "Controversies in the management of differentiated adenocarcinoma of the thyroid"
1989 at the 4th AOTA in Seoul, Korea **Dr. N. Amino (Osaka, Japan):** "Postpartum autoimmune thyroid syndrome"
1991 at the 10th ITC in The Hague, Netherlands **Dr. J. R. Stockigt (Melbourne, Australia):** "Drug competition for specific thyroid hormone binding sites"
1993 at the 5th AOTA in Sydney, Australia **Dr. K. Miyai (Osaka, Japan):** "Congenital thyrotropin deficiency - discovery, molecular genetics and prevention"
1995 at the 11th ITC in Toronto, Canada **Dr. D. J. Topliss (Melbourne, Australia):** "Factors influencing the cellular uptake of thyroid hormones"
1997 at the 6th AOTA in Osaka, Japan **Dr. T. Mori (Kyoto, Japan):** "Autoimmune TSH receptor diseases: genetic backgrounds and mechanism of the autoantibody production"
2000 at the 12th ITC in Kyoto, Japan **Dr. Annie Kung (Hong Kong, China):** "Thyroid autoantibodies and pregnancy"
2003 at the 7th AOTA in Singapore **Dr. S. Yamashita (Nagasaki, Japan):** "Molecular targeting gene therapy for thyroid cancer"
2005 at the 13th ITC in Buenos Aires, Argentina **Dr. Minho Shong (Daejeon, Korea):** "Opening another window into genomic instabilities in thyroid cancer"

Membership Fee (Current Article)

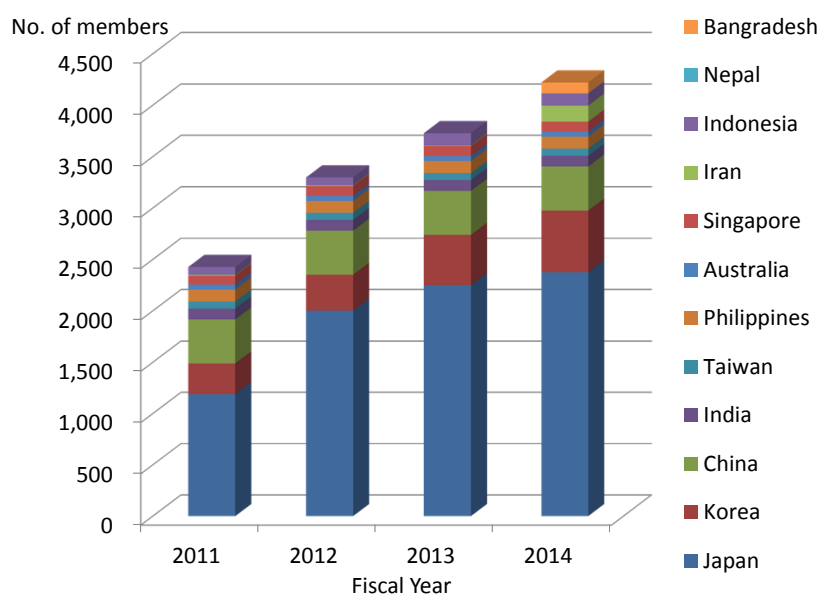
From 2010 to 2015, annual membership fee shall be 4 USD. This will be collected either by national thyroid association to which member belong or by one of members of a country in which there is no national thyroid association.

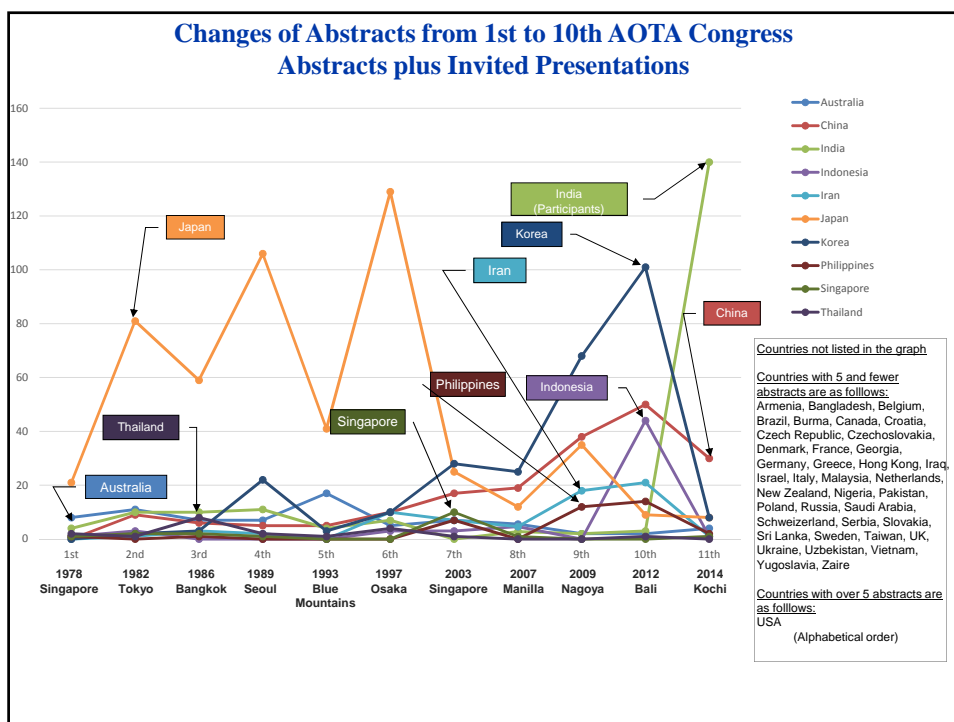
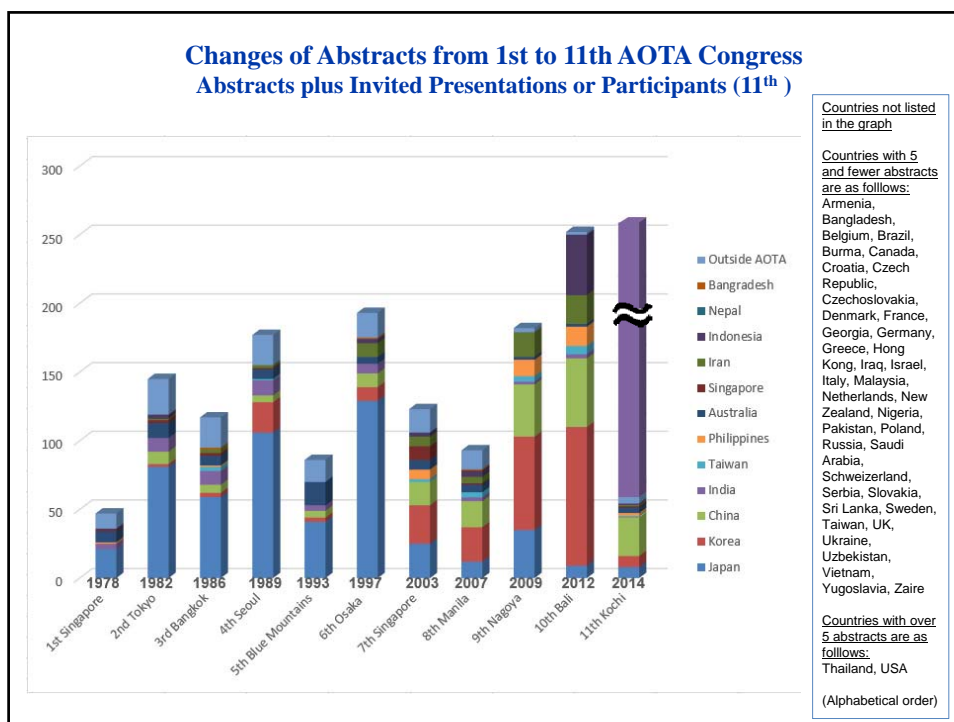
Current AOTA Individual Memberships come from the following countries:

Australia
China
India
Indonesia
Iran
Japan
Korea
Philippines
Singapore
Taiwan
Thailand

Individual Membership is welcome from all nationals coming from all other Asian countries from the Far East & the Pacific to Central Asia & West Asia (Middle East).

Changes in the number of due-paid members





- AOTA is in the area which include largest population, huge continent, numerous islands and largest number of countries including many developing countries.
- Therefore, it started as individual membership and free of fees, and the articles are as simple as possible. **The Executive Committee had been responsible for financing expenses.** The slogan of AOTA was how to catch up.
- Twelve countries established their own national societies in these 40 years and can **share the financial expenses**, and number of papers from each country is increasing dramatically in these 10years.
- **AOTA has been developing with mutual trust, understanding and a spirit of competition and collaboration among individuals in Asia and Oceania region, and AOTA has been giving us priceless opportunities to exchange views and experiences in a friendly atmosphere among all participants.**
- **AOTA is still developing and it should be noted that there are still many countries where thyroidologists had never been in AOTA Congress. The membership fees must be spent for paid members but also for non-paid members as well.**
- **A door of AOTA is always open to any individual thyroidologist in our region, especially from countries where they have no thyroid specialized scientific society and do not pay membership fees.**

16th ITC will be hosted by AOTA

Xi'an (西安) CHINA

Will be announced in the Friday morning
by the Organizing committee