15th International Thyroid Congress
October 18-23, 2015  Lake Buena Vista, Florida
Walt Disney World Swan and Dolphin Resort

Symposium: Clark T. Sawin Historical Vignette
(Tuesday, October 20, 2:20PM – 3:35PM)

History of AOTA
From 1975-2015

Shigenobu Nagataki, MD, PhD
Honorary President of AOTA
Professor Emeritus of Nagasaki University
Scientific Advisor to Ito Hospital

About AOTA

History of AOTA: Its Leaders and its Congresses
In the world of Thyroidology, there are 4 thyroid associations representing their respective regions: the American Thyroid Association (ATA, established in 1925), the European Thyroid Association (ETA, 1963), the Latin American Thyroid Society (LATS, 1974) and the Asia & Oceania Thyroid Association (AOTA, 1973). The youngest of these siblings, AOTA was established in 1973 in Boston at the time of the 7th International Thyroid Congress through the efforts of Ian Hales (Australia) Cresswell Eastman (Australia) and Shigenobu Nagataki (Japan). Ian Hales was its first president, assisted by 3 vice presidents, Gopal K Rastogi (India), Kama Shimizu (Japan), Leslian Villacholid (Philippines), with Cresswell Eastman serving as Secretary/Treasurer. The other Founding Members of AOTA included Jim Stockigt (Australia) & Radim Hovsi (Australia). It held its 1st Congress in Singapore on January 28-30, 1978.
AOTA was established at 7th International Thyroid Congress in Boston in 1975
Program Organizing Committee of 7th International Thyroid Congress in Boston (POC was held in Bern, Swiss for 5-7 days)

POC Members

North America 4
Europe 9
South America 1
Asia Oceania 1

The First AOTA Meeting was held in Singapore in 1978 in conjunction with the 6th Asia and Oceania Congress of Endocrinology
The 1\textsuperscript{st} AOTA Meeting in 1978 in Singapore
Scientific Presentation

Scientific Sessions and Number of Papers:

Endemicity of Goitres 10
Pathogenesis of Endemic goitres 9
Goitre Control Programme 6
Thyroid function testing 8
Measurements of thyroid hormones and TSH 11
Specialised techniques (LATS) 8
Total 52

Numbers of countries:

<table>
<thead>
<tr>
<th>Country</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Japan</td>
<td>20</td>
</tr>
<tr>
<td>USA</td>
<td>3</td>
</tr>
<tr>
<td>Burma</td>
<td>1</td>
</tr>
<tr>
<td>Pakistan</td>
<td>1</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>1</td>
</tr>
<tr>
<td>Australia</td>
<td>9</td>
</tr>
<tr>
<td>India</td>
<td>4</td>
</tr>
<tr>
<td>Brazil</td>
<td>2</td>
</tr>
<tr>
<td>Canada</td>
<td>1</td>
</tr>
<tr>
<td>Philippines</td>
<td>1</td>
</tr>
<tr>
<td>Singapore</td>
<td>1</td>
</tr>
<tr>
<td>Thailand</td>
<td>2</td>
</tr>
<tr>
<td>Indonesia</td>
<td>1</td>
</tr>
<tr>
<td>UK</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>52</td>
</tr>
</tbody>
</table>

Program Organizing Committee of the 8th International Thyroid Congress in Sydney in 1980

POC was held in London for 6 days
(3 from ATA, ETA, and 2 from AOTA, LATS)

S. Nagataki, Japan, Chairman (AOTA)
E. Gaitan, Colombia (LATS)
H.K. Ibbertson, New Zealand (AOTA)
S.H. Ingbar, U.S.A.(ATA)
M.P. König, Switzerland (ETA)
G.A. Medeiros-Neto, Brazil (LATS)
Ph. De Nayer, Belgium (ETA)
G. Salvatore, Italy (ETA)
J.R. Stockigt, Australia (Secretary)
R. Volpé, Canada (ATA)
J.F. Wilber, U.S.A.(ATA)
First ITC in Asia Oceania
First ITC with 4 Sister Societies in 1980 in Sydney

International Coordinating Committee of International Thyroid Congress (ICC of ITC) at 8th International Thyroid Congress in Sydney in 1980

Since this is the First ICC of ITC with full members, rules of ICC was established by Presidents and Secretaries of Sister Associations and Chairman & Secretary of LOC.

We will have no office of International Thyroid Congress but ICC of ITC with recording secretary. The major task is to nominate the next site of ITC.
Slogan of AOTA at the beginning

Catch up and get ahead of other sister societies since AOTA is the youngest society

To advance the knowledge in basic and clinical thyroidology
To promote interest in the practice of medicine related to the thyroid and to promote research into allied subjects
To facilitate collaboration and exchange of information among individuals within the region.

To promote the scientific presentations within AOTA and to ITC
To establish strong program organizing committee for AOTA Congress and to ITC

Membership and Dues

How to gather thyroidologists coming from the huge Asian continent and from the numerous islands and from largest population in Asia and Oceania region is the mandate of AOTA (Executive Committee).

Membership
(Anyone below can be a registered member)
Individual Membership:
Physicians and scientists within the region who are interested in the study of thyroidology and its clinical applications.

Annual Dues
(Free of Charge)
- Individual and Society/Organization Membership dues shall be set by the Council from time to time in its regular meetings.
- The Executive Committee shall be responsible for financing expenses between Congresses.
Council of Association

The Association shall have a Council which shall have the responsibility of governing the Association.

The Council shall be elected at the time of the International Thyroid Congress and shall hold office until the next International Congress.

Individual members from each nation within the region shall be responsible for nominating and electing fifteen (15) representatives to the Council from at least five countries within the region with no more than three (3) Council members coming from any one country.

Office Bearers and Executive Committee

The Office Bearers are the President, 3 Vice-Presidents, and a Secretary/Treasurer who shall compose the Executive Committee.

The Executive Committee may be enlarged by two (2) additional members elected by the Council.

The Executive Committee shall manage the affairs of the Association between Council Meetings and disseminate information to members.

Conferences and Congress

The Council has the responsibility of organizing at least one regional conference between International Thyroid Congresses. It may authorize the Executive Committee to create the necessary Organizing and other working committees to implement or run such conferences.

Conferences may be held alone or in collaboration with the Asia and Oceania Endocrine Society or with other recognized scientific or medical societies or organizations within the region.

The Executive Committee shall coordinate meetings throughout the region with consultation with National Societies and other regional organizations to avoid conflicts of schedule.

Number of Countries:

<table>
<thead>
<tr>
<th>Country</th>
<th>Number</th>
<th>Country</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia</td>
<td>11</td>
<td>Belgium</td>
<td>1</td>
</tr>
<tr>
<td>Canada</td>
<td>5</td>
<td>China</td>
<td>9</td>
</tr>
<tr>
<td>Czechoslovakia</td>
<td>1</td>
<td>France</td>
<td>3</td>
</tr>
<tr>
<td>India</td>
<td>10</td>
<td>Indonesia</td>
<td>3</td>
</tr>
<tr>
<td>Iran</td>
<td>1</td>
<td>Italy</td>
<td>1</td>
</tr>
<tr>
<td>Japan</td>
<td>81</td>
<td>Korea</td>
<td>2</td>
</tr>
<tr>
<td>Poland</td>
<td>1</td>
<td>Singapore</td>
<td>2</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>1</td>
<td>Thailand</td>
<td>1</td>
</tr>
<tr>
<td>UK</td>
<td>1</td>
<td>USA</td>
<td>10</td>
</tr>
<tr>
<td>Zaire</td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The 2nd AOTA Meeting in Tokyo

Prof. Djokomoeljanto proposing a toast with a Japanese wooden measure

New participants

Dr. C.S. Koh, Seoul

Dr. X.Y. Zhu
(H.I. Chu), Tianjin
温故知新 論語

*History has a lot to teach us about the future*

*The Analects of Confucius*

<table>
<thead>
<tr>
<th>First</th>
<th>1978</th>
<th>Singapore</th>
<th>Ian B. Hales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Second</td>
<td>1982</td>
<td>Tokyo, Japan</td>
<td>Nobuo Ui</td>
</tr>
<tr>
<td>Third</td>
<td>1986</td>
<td>Bangkok, Thailand</td>
<td>S. Tandhanand</td>
</tr>
<tr>
<td>Forth</td>
<td>1989</td>
<td>Seoul, Korea</td>
<td>Monho Lee</td>
</tr>
<tr>
<td>Fifth</td>
<td>1993</td>
<td>Leura, Australia</td>
<td>Cres Eastman</td>
</tr>
<tr>
<td>Sixth</td>
<td>1997</td>
<td>Osaka, Japan</td>
<td>T. Onaya</td>
</tr>
<tr>
<td>Seventh</td>
<td>2003</td>
<td>Singapore</td>
<td>Daphne Khoo</td>
</tr>
<tr>
<td>Eighth</td>
<td>2007</td>
<td>Manila, Philippines</td>
<td>L. Mercado-Asis</td>
</tr>
<tr>
<td>Ninth</td>
<td>2009</td>
<td>Nagoya, Japan</td>
<td>Y. Murata</td>
</tr>
<tr>
<td>Tenth</td>
<td>2012</td>
<td>Bali, Indonesia</td>
<td>Johan Masjhur</td>
</tr>
<tr>
<td>Eleventh</td>
<td>2014</td>
<td>Kochi, India</td>
<td>RV. Jayakumar</td>
</tr>
</tbody>
</table>
Cover Sheets of Program, Abstracts, or Proceedings
AOTA Congresses from the 1st to 11th

No.1 of AOTA Newsletter was published in 1987 by the Secretary, Prof. Konishi

AOTA Newsletter is especially important, since AOTA has no annual membership fee, the list of membership has mainly depend until now the list of participants at each meeting.

Newsletter has been distributed (mailed by free of charge) to around 1000 members.
Prize Lecture of AOTA

The NAGATAKI –FUJIFILM Prize (2010–)

This prize is awarded to a distinguished scientist working in the Asia & Oceania region, regardless of nationality, and who has been contributing to basic or clinical thyroidology. There are no age limits for the recipient.

2015 15th ITC in Orland, USA: Dr. Akira Miyautchi (Japan)
Toward best management of thyroid cancer

2014 11th AOTA in Kochi, India: Dr. Roderich Clifton Bligh (Australia)
Transcription factors in thyroid cancer

2012 10th AOTA in Bali, Indonesia: Dr. Young Kee Shong (Korea)
Post-operative follow-up of patients with thyroid cancer

2010 14th ITC in Paris, France: Dr. Takashi Akamizu (Japan)
Pathophysiology and pathogenesis of Graves’ disease


2009 (AOTA) Dr. Feridoun Azizi (Iran): Dr. Masanobu Yamada (Japan):
Thyroid Disease in Pregnancy & Lactation The pathology and management of central hypothyroidism

2007 (AOTA) Dr. Daphne Khoo (Singapore):
The role of thyroid autoantibodies in the pathogenesis of Graves’ ophthalmopathy

Past Prizes (in the website of AOTA, in the following slide)

Past Prizes (in the website of AOTA, in the following slide)

Mallinckrodt Prize (1980-1986)
Daichi Prize (1989-2007)

1980 at the 1st ITC in Sydney, Australia Dr. D. Adams (Australia): “The pathogenesis of Graves’ disease”
1982 at the 2nd IOTA in Tokyo, Japan Dr. S. Nagataki (Japan): “Pathogenic factors of Graves’ disease”
1983 at the 3rd ITC in Sao Paulo, Brazil Dr. B.S. Hetzel (Australia): “Thyroid deficiency, the thyroid, and the brain”
1984 at the 3rd IOTA in Bangkok, Thailand Dr. J. Kondo (Japan): “Role of thyrotropin-receptor antibodies in primary hypothyroidism”
1986 at the 4th IOTA in Seoul, Korea Dr. R.T.T. Young (Hong Kong): “Thyrotoxic periodic paralysis revisited”
1991 at the 10th IOTA in The Hague, Netherlands Dr. T. Onaya (Japan): “Thyrotropin-inducible genes in experimental hyperplasia and neoplasia”
1993 at the 5th IOTA in Sydney, Australia Dr. B.Y. Cho (Seoul, Korea): “Thyroid-stimulation-blocking antibody and autoimmune atrophic thyroiditis”
1994 at the 11th IOTA in Toronto, Canada Dr. V. Kondo (Maebashi, Japan): “G-protein-mediated mechanisms of the modulation of signal-transmission pathways in thyroid cells”
1995 at the 6th IOTA in Osaka, Japan Dr. S. C. Boyages (Sydney, Australia): “The regulation of thyroid hormone receptors”
1996 at the 7th IOTA in Sydney, Australia Dr. C. J. Eastman (Sydney, Australia): “Role of thyrotropin-receptor antibodies in the pathogenesis of Graves’ disease”
1997 at the 8th IOTA in Sydney, Australia Dr. J. Stockigt (Melbourne, Australia): “Drug competition for specific thyroid hormone binding sites”
1998 at the 9th IOTA in Sydney, Australia Dr. M. Irie (Tokyo, Japan): “Congenital hypothyroidism - discovery, molecular genetics and prevention”
1999 at the 10th IOTA in Toronto, Canada Dr. D. J. Topliss (Melbourne, Australia): “Factors influencing the cellular uptake of thyroid hormones”
2000 at the 11th IOTA in Sydney, Australia Dr. P. Pegg (Melbourne, Australia): “Autoimmune TSH receptor diseases: genetic backgrounds and mechanism of the autoantibody production”
2001 at the 12th IOTA in Kyoto, Japan Dr. A. Yong (Daejeon, Korea): “Thyroid autoantibodies and pregnancy”
2002 at the 13th IOTA in Sydney, Australia Dr. S. Yamashita (Nagasaki, Japan): “Molecular targeting gene therapy for thyroid cancer”
2003 at the 14th IOTA in Miami, Florida Dr. H. Yamanaka (Osaka, Japan): “Negative regulation of TSH genes by the thyroid hormone and its receptors”
2004 at the 15th IOTA in Sydney, Australia Dr. B. Y. Cho (Seoul, Korea): “Molecular determinants of thyroid cancer phenotype”
2005 at the 16th IOTA in Sydney, Australia Dr. T. Mori (Kyoto, Japan): “Molecular targeting gene therapy for thyroid cancer”
2006 at the 17th IOTA in Paris, France Dr. H. Kondo (Nagoya, Japan): “Opening another window into genomic instabilities in thyroid cancer”
2007 at the 18th IOTA in Sydney, Australia Dr. R. Y. Cho (Seoul, Korea): “Thyroid stimulating hormone receptor as a nuclear transcription factor; clinical implications”
2008 at the 19th IOTA in Sydney, Australia Dr. M. Irie (Tokyo, Japan): “Molecular targeting gene therapy for thyroid cancer”
2009 at the 20th IOTA in Sydney, Australia Dr. J. Miyai (Osaka, Japan): “Postpartum autoimmune thyroid syndrome”

AOTA Prize (2005)

1980 at the 1st IOTA in Sydney, Australia Dr. Y. Ishihara (Tokyo, Japan): “Pathogenesis of hypothyroidism”
1982 at the 2nd IOTA in Tokyo, Japan Dr. C. J. Eastman (Sydney, Australia): “The regulation of thyroid hormone receptors”
1985 at the 5th IOTA in Sao Paulo, Brazil Dr. M. Irie (Tokyo, Japan): “Neonatal hypothyroid screening”
1986 at the 3rd IOTA in Bangkok, Thailand Dr. H. Nakamura (Tokyo, Japan): “Autoimmune TSH receptor diseases: genetic backgrounds and mechanism of the autoantibody production”
1989 at the 6th IOTA in Osaka, Japan Dr. A. Yong (Daejeon, Korea): “Thyroid autoantibodies and pregnancy”
1990 at the 7th IOTA in Sydney, Australia Dr. J. Miyai (Osaka, Japan): “Postpartum autoimmune thyroid syndrome”
1991 at the 10th IOTA in The Hague, Netherlands Dr. J. Stockigt (Melbourne, Australia): “Drug competition for specific thyroid hormone binding sites”
1992 at the 11th IOTA in Toronto, Canada Dr. D. J. Topliss (Melbourne, Australia): “Factors influencing the cellular uptake of thyroid hormones”
1993 at the 12th IOTA in Kyoto, Japan Dr. A. Yong (Daejeon, Korea): “Thyroid autoantibodies and pregnancy”
1994 at the 13th IOTA in Sydney, Australia Dr. S. Yamashita (Nagasaki, Japan): “Molecular targeting gene therapy for thyroid cancer”
1995 at the 14th IOTA in Miami, Florida Dr. H. Yamanaka (Osaka, Japan): “Opening another window into genomic instabilities in thyroid cancer”
1996 at the 15th IOTA in Sydney, Australia Dr. B. Y. Cho (Seoul, Korea): “Molecular determinants of thyroid cancer phenotype”
1997 at the 16th IOTA in Sydney, Australia Dr. T. Mori (Kyoto, Japan): “Autoimmune TSH receptor diseases: genetic backgrounds and mechanism of the autoantibody production”
1998 at the 17th IOTA in Paris, France Dr. H. Kondo (Nagoya, Japan): “Molecular targeting gene therapy for thyroid cancer”
1999 at the 18th IOTA in Sydney, Australia Dr. R. Y. Cho (Seoul, Korea): “Thyroid stimulating hormone receptor as a nuclear transcription factor; clinical implications”
2000 at the 19th IOTA in Sydney, Australia Dr. M. Irie (Tokyo, Japan): “Molecular targeting gene therapy for thyroid cancer”
2001 at the 20th IOTA in Sydney, Australia Dr. A. Yong (Daejeon, Korea): “Thyroid autoantibodies and pregnancy”
2002 at the 21st IOTA in Sydney, Australia Dr. S. Yamashita (Nagasaki, Japan): “Molecular targeting gene therapy for thyroid cancer”
2003 at the 22nd IOTA in Sydney, Australia Dr. H. Kondo (Nagoya, Japan): “Molecular targeting gene therapy for thyroid cancer”
2004 at the 23rd IOTA in Sydney, Australia Dr. R. Y. Cho (Seoul, Korea): “Thyroid stimulating hormone receptor as a nuclear transcription factor; clinical implications”
2005 at the 24th IOTA in Sydney, Australia Dr. M. Irie (Tokyo, Japan): “Molecular targeting gene therapy for thyroid cancer”

Past Prizes (in the website of AOTA, in the following slide)
Membership Fee (Current Article)

From 2010 to 2015, annual membership fee shall be 4 USD. This will be collected either by national thyroid association to which member belong or by one of members of a country in which there is no national thyroid association.

Current AOTA Individual Memberships come from the following countries:

- Australia
- China
- India
- Indonesia
- Iran
- Japan
- Korea
- Philippines
- Singapore
- Taiwan
- Thailand

Individual Membership is welcome from all nationals coming from all other Asian countries from the Far East & the Pacific to Central Asia & West Asia (Middle East).

Changes in the number of due-paid members
Changes of Abstracts from 1st to 11th AOTA Congress
Abstracts plus Invited Presentations or Participants (11th)

Countries not listed in the graph:
Countries with 5 and fewer abstracts are as follows:
Armenia, Bangladesh, Belgium, Brazil, Burma, Canada, Croatia, Czech Republic, Czechoslovakia, Denmark, France, Georgia, Germany, Greece, Hong Kong, Iraq, Israel, Italy, Malaysia, Netherlands, New Zealand, Nigeria, Pakistan, Poland, Russia, Saudi Arabia, Schweiz, Serbia, Slovakia, Sri Lanka, Sweden, Taiwan, UK, Ukraine, Uzbekistan, Vietnam, Yugoslavia, Zaire

Countries with over 5 abstracts are as follows:
Thailand, USA (Alphabetical order)

Changes of Abstracts from 1st to 10th AOTA Congress
Abstracts plus Invited Presentations

Countries not listed in the graph:
Countries with 5 and fewer abstracts are as follows:
Armenia, Bangladesh, Belgium, Brazil, Burma, Canada, Croatia, Czech Republic, Czechoslovakia, Denmark, France, Georgia, Germany, Greece, Hong Kong, Iraq, Israel, Italy, Malaysia, Netherlands, New Zealand, Nigeria, Pakistan, Poland, Russia, Saudi Arabia, Schweiz, Serbia, Slovakia, Sri Lanka, Sweden, Taiwan, UK, Ukraine, Uzbekistan, Vietnam, Yugoslavia, Zaire

Countries with over 5 abstracts are as follows:
Australia, China, India, Indonesia, Iran, Japan, Korea, Malaysia, Philippines, Singapore, Thailand (Alphabetical order)
AOTA has been developing with mutual trust, understanding and a spirit of competition and collaboration among individuals in Asia and Oceania region, and AOTA has been giving us priceless opportunities to exchange views and experiences in a friendly atmosphere among all participants.

Summary of the History of AOTA

- AOTA is in the area which include largest population, huge continent, numerous islands and largest number of countries including many developing countries.

- Therefore, it started as individual membership and free of fees, and the articles are as simple as possible. The Executive Committee had been responsible for financing expenses. The slogan of AOTA was how to catch up.

- Twelve countries established their own national societies in these 40 years and can share the financial expenses, and number of papers from each country is increasing dramatically in these 10years.

- AOTA has been developing with mutual trust, understanding and a spirit of competition and collaboration among individuals in Asia and Oceania region, and AOTA has been giving us priceless opportunities to exchange views and experiences in a friendly atmosphere among all participants.

- AOTA is still developing and it should be noted that there are still many countries where thyroidologists had never been in AOTA Congress. The membership fees must be spent for paid members but also for non-paid members as well.

- A door of AOTA is always open to any individual thyroidologist in our region, especially from countries where they have no thyroid specialized scientific society and do not pay membership fees.
16th ITC will be hosted by AOTA

Xi’an (西安) CHINA

Will be announced in the Friday morning by the Organizing committee